

1. Nashamukti Campaign (28/3/2023)



Nasha Mukti Campaign, District Social Welfare Office, Kamrup organised a Stop Drug Campaign event in collaboration with North East Research and Rural Development Mission in support of Saraighat College Alumni Association in the Seminar Hall. The event was anchored by Mission Director, Arup Jyoti Deka and graced by Dr. Hitesh Deka, noted educationist and Former Vice Chancellor Krishna Kanta Handique State Open University, Mr. Norsingh Bey ACS, District Development Commissioner, Mrs. Nishamoni Kalita, District Social Welfare Officer, Arjuna Awardee and Deputy Superintendent of Police, Assam Police Mrs. Nayanmoni Saikia (International Lawn Ball Player), Mr. Golap Rabha, Mr. Universe and a host of other dignitaries. Dr. Hitesh Deka raised concern about the challenges faced by the youth in the present times and remarked that they become easily vulnerable to numerous social delinquencies like substance abuse. He said that the youth of today must be engaged in creative pursuits along with academic engagements in order to keep them away from unhealthy practices. Mr. Golap Rabha in his speech addressed the need of striking a healthy balance between body, mind and soul. He said that drugs is a serious menace and the young generation easily falls prey to it. Mrs. Nayanmoni Saikia delivered a lecture on the positive impact of maintaining a healthy lifestyle like waking up early in the morning, doing exercises and meditation and incorporating a hobby to remain physically and mentally alert and active. Mr. Norsingh Bey, elucidated on the government initiative in curbing the drug menace in the state and acknowledged the efforts taken by the current government in this regard. A mime act was performed on the effects of drug abuse on youths and rehabilitation. The programme was attended by the entire college fraternity.

Total Participants: 200